



COODU TRUST

# Annual Report

2023 - 2024



# Coodu Trust

## Vision & Mission

### *Vision*

"Enrich environment by sustainable practices; Enable communities to become self-sufficient"

### *Mission*

- Enrich environment through sustainable practices for the benefit of present and future life on earth
- To incubate and nurture sustainable ideas to growth in Agriculture, Industry, Enterprise and Governance.
- To identify and transfer low cost appropriate need based technologies for development without ignoring traditional and conventional wisdom.
- To improve the socio, economic conditions of the poor, needy and disadvantaged communities to become self-sufficient
- To empower and enrich the suitable persons with required skillsets by appropriate skill development activities
- To develop Social Enterprises as a sustainable model to facilitate human and social development.
- To Strategise, design, build capacities and implement developmental needs to improve the livelihoods of needy communities
- To facilitate Communities to collaborate and develop as self-governed entities
- To undertake need based, community collaborative, research and action based programmes in developmental issues
- To support the delivery of Government efforts that maximises the benefit to the society.

# Coodu Trust

## *Genesis*

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Coodu Trust emerged in year 2000 based on the motivation of a few young and dynamic likeminded persons and professionals who pledged to do efficient, constructive and everlasting social development work for the under privileged of the society to develop self-sufficient and self-reliant communities. Coodu Trust is a not for profit voluntary organization to undertake charitable, educational and development activities for the welfare of downtrodden and marginalized needy people of society.

We have undertaken watershed programmes in 14 districts of Tamil Nadu and various social development projects in 30 districts. Over the years Coodu Trust emerged as one of the leading NGO in rural development activities in Tamil Nadu especially on community organization, capacity building, research, Monitoring & Evaluation and documentation on various rural development issues. We are implementing projects in Watershed Development, Women Development, Self Help Groups (SHGs), Micro-Credits, Agriculture and Organic farming, Health, Skill Development, Research and Documentation works.

# Coodu Trust

## *Implementation*

We fulfil our vision by establishing rapport and close relationship with Government Departments and likeminded Organisations. We work in close coordination with Rural Development Department and help DRDAs in 14 districts in Tamil Nadu in Implementing SGSY, watershed development, Total sanitation programmes.

In these 14 districts we have undertaken training for Panchayat presidents Panchayat Union Counsellors, Panchayat ward members, SHG members and community leaders on Governance Process and empowerment in Panchayat Raj Institutions under Rural Development programs like Swarnajayanti Gram SwarojgarYojana (SGSY), MahalirThittam (socio-economic empowerment programme for women through SHGs), Tamil Nadu Corporation for Development of Women Ltd, Integrated Watershed Development Programme (IWDP), Drought Prone Areas Programme (DPAP), National Watershed Development Project for Rain fed Areas (NWDPR), Tamil Nadu Irrigated Agriculture Modernization and Water Bodies Restoration and Management (TNIAMWARM) , TANSACS, NREGA, Tamil Nadu Water Supply and Drainage Board (TWAD Board) and Total Sanitation Campaign (TSC).

Coodu Trust also works in coordination with Agricultural Engineering Department, Agriculture Department, Horticulture Department, Forest Department, Health Department and Tourism Department, Government of Tamil Nadu. We also work with reputed organizations like Gandhigram Rural University, Krishi VikanKendras (KVK), Tamil Nadu Agricultural University (TNAU), Tamil Nadu State Rural Livelihoods Mission (TNSRLM), Aajeevika, National Skill Development Corporation (NSDC), Agriculture Skill Council of India (ASCI) and networks of Non-Government organizations.

Coodu Trust is adequately equipped with qualified resource team and sufficient modern training tools for effective handling of grass root level programmes such as Participatory Rural Appraisal (PRA), Capacity Building Trainings and Exposure visit. We have conducted trainings on Social Economical and Development concepts and have trained Panchayat Presidents, Panchayat Union Counsellors, watershed Committee chairman and members in these 14 districts. Most of these trainings have been conducted in co- ordination with the respective DRDAs.

# Coodu Trust- Organizational Profile

## Chairman

Shri A. Elangovan I.A.S -

Former Principal Secretary, P & R

## Chief Executive officer

Dr. RAGHAVAN VASUDEVAN Ph.D., CEO, COODU TRUST

### Advisory Board

Sl.No	Name	Qualification	Designation
1	Dr. P. Venkatesan	M.Sc (Agri), M.B.A., Ph.D.,	Senior Scientist, National Academy of Agricultural Research Management (NAARM), Hyderabad
2	Dr. P.J. Pandian	M.Sc., Ph.D.,	Professor & Head, Water Technology Centre, TNAU, Coimbatore
3	Dr.P. Sundarambal	M.Sc.(Agri), PhD,	Senior Scientist (Agri.Extn), C S W C R T I, Ooty
4	Dr. P.N. Ananth	M.Sc(Agri), Ph.D.	Programme Coordinator, ICAR KVK, CIFA, Khurdha, Bhubaneswar
5	Mr. P.P. Saravanan	M.Sc (Forestry)	Subject Matter Specialist (Agro Forestry), KVK, Gandhigram Rural Institute, Dindigul.
6	Mr.C.R.Gunashekar	B.B.A, PGDM (IIPM),	Consultant, UNAIDS(Geneva), UNDP, FHI, New Delhi
7	Dr.Karthikeyan	M.B.B.S	WHO, Kerala State
8	Mr. Leo James Sengo	MSW, MPhil	National Consultant, TNS, New Delhi
9	Mr.Selvaraj	B.E;	Asst. Executive Engineer (Rtrd.), Agriculture Engineering department

### Board of Trustees

Sl.No	Name	Qualification	Office held
1	Mr. S. Jagadeesan	B.Sc., MBA,	Managing Trustee
2	Mr. C.T.V. Chidambara Kumar	B.Com,	Committee Member
3	Mr. S. Raja	B.A.,	Committee Member
4	Mr. D. Srinivasan	M.Sc., M.Phil, B.Ed.,	Committee Member
5	Mr. K. Samidurai	M.Sc.,	Committee Member

# Pradhan Mantri Krishi Sinchayee Yojana (PMKSY)

## Implementation by Coodu Trust

The Pradhan Mantri Krishi Sinchayee Yojana (PMKSY) is a centrally sponsored scheme aimed at improving the productive potential of rainfed and degraded lands. It achieves this through integrated watershed management, focusing on strengthening community-based local institutions, promoting sustainable livelihoods, and ensuring agricultural sustainability.

To support these goals, Coodu Trust has been entrusted with the responsibility of implementing capacity-building training programs for targeted communities. These programs aim to enhance the knowledge and skills of farmers in water and soil conservation techniques. Below is an overview of the initiatives undertaken by Coodu Trust under PMKSY:

### Capacity-Building and Training Programs

#### 1. Training cum Exposure Visits:

- Organized exposure visits to renowned agricultural institutions to help participants learn about modern cropping techniques and advanced water management practices.
- Institutions visited included:
  - **KVK Gandhigram**
  - **TNAU Coimbatore**
  - **TNAU Killikulam**
  - **Horticulture College, Periyakulam**
- **Beneficiaries:** Watershed committee members, farmers, and SHG (Self-Help Group) members from Dindigul, Perambalur, Ramanathapuram, and Thoothukudi districts.

#### 2. Focused Block-Level Training Programs:

Conducted extensive training sessions covering critical topics, including:

- **Roles and Responsibilities of Watershed Committees:** Emphasizing effective governance and resource management at the community level.
- **Soil and Water Conservation Techniques:** Promoting methods to preserve soil fertility and optimize water use for agriculture.
- **Skill Development Training on Micro-Enterprises:** Enabling participants to establish small-scale businesses related to agriculture.
- **Vermicomposting and Organic Farming:** Educating participants on sustainable agricultural practices.
- **Micro-Irrigation Techniques for Field Crops:** Demonstrating efficient irrigation systems to conserve water and improve crop yields.

#### 3. Participant Outcomes:

- A total of **2,408 individuals** received training under this initiative.
- The participants included a diverse group of farmers, SHG members, and watershed committee representatives who were equipped with modern agricultural techniques and practices.
- Enhanced knowledge and skills have empowered the community to adopt sustainable farming practices, leading to better resource management and improved livelihoods.

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## Impacts of the Initiative

- Improved awareness and adoption of **soil and water conservation techniques**.
- Strengthened watershed committees, ensuring better community-led management of natural resources.
- Promoted **micro-enterprises and sustainable farming practices**, creating economic opportunities for the rural population.
- Facilitated a shift toward **modern irrigation systems and organic farming**, contributing to long-term agricultural sustainability.

Through these efforts, Coodu Trust has played a pivotal role in advancing the objectives of PMKSY, helping rural communities achieve greater agricultural productivity, environmental conservation, and sustainable livelihoods.



# Promotion of Farmers Producer Organisations (FPOs) Under the 10,000K FPO Scheme

Under the Central Sector Scheme for Promotion of 10,000 Farmers Producer Organisations (FPOs), Coodu Trust has been empaneled as a Cluster-Based Business Organization (CBBO) by the Tamil Nadu Small Farmers Agri-Business Consortium (TNSFAC). The Trust is actively engaged in fostering and developing FPOs in the Dindigul and Thiruvavarur districts of Tamil Nadu.

## Focus Areas of Implementation

Coodu Trust is promoting FPOs in the following regions:

### 1. Dindigul District:

- Oddanchatram area (Abilikkai, Oddanchatram Block)
- Kodaikanal area (Poondi, Kodaikanal Block)

### 2. Thiruvavarur District:

- Vaduvur area (Vaduvur, Needamangalam Block)
- Kottur area (Kottur, Kottur Block)

## Promoted Farmer Producer Organisations

### 1. Dindigul District:

- Oddanchatram Agro Farmer Producer Company Limited (Abilikkai, Oddanchatram Block)
- Kuriji Malai Farmer Producer Company Limited (Poondi, Kodaikanal Block)

### 2. Thiruvavarur District:

- Delta Vaduvur Agriculturist Welfare Farmers Producer Company Limited (Vaduvur, Needamangalam Block)
- Ponni Vanam Farmer Producer Company Limited (Kottur, Kottur Block)

## Farmer Enrollment

A total of **1,103 farmers** have been enrolled as members across the four FPOs:

- Oddanchatram FPO: 311 farmers
- Kodaikanal FPO: 110 farmers
- Vaduvur FPO: 365 farmers
- Kottur FPO: 317 farmers



## Capacity Building and Training Initiatives

To ensure the effective functioning and sustainability of these FPOs, Coodu Trust has facilitated comprehensive training and exposure programs delivered by subject-matter experts. The focus areas include:

- Agricultural Exports: Enhancing farmers' ability to market their produce internationally.
- Post-Harvest Management: Reducing losses and maintaining produce quality through better storage, handling, and packaging techniques.
- Food Processing: Adding value to raw agricultural products to increase profitability.
- Agricultural Marketing Development: Strategies to access markets, improve pricing, and build farmer networks.

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## Achievements and Progress

- All four FPOs successfully secured an Equity Grant for their business operations, strengthening their financial base.
- Business activities have commenced in the FPOs, focusing on improving farmers' income and market access.
- Training programs have empowered farmers with essential skills to sustain and expand their operations, fostering entrepreneurship and collaboration.

## Reporting and Compliance

Coodu Trust has ensured timely submission of progress reports to TNSFAC, detailing the milestones achieved and ongoing activities. These reports provide transparency and accountability, reinforcing the Trust's commitment to promoting FPOs in alignment with the objectives of the 10,000 FPO Scheme.

## Impact

The initiative has fostered collaboration among farmers, enabling them to pool resources, access better markets, and adopt modern agricultural practices. By promoting entrepreneurship and enhancing farmers' livelihoods, Coodu Trust's efforts under this scheme are contributing significantly to the socio-economic development of the Dindigul and Thiruvavur districts.



# Implementation of Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY) by Coodu Trust

The Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY) is a flagship program of the Ministry of Rural Development (MoRD) aimed at enhancing the livelihoods of rural poor families. The scheme focuses on providing skill development and employment opportunities for rural youth aged 18 to 35, enabling them to diversify their income sources and fulfill their career aspirations.

As a Project Implementing Agency (PIA) under the DDU-GKY, Coodu Trust has been instrumental in providing high-quality skill training and placement opportunities for rural youth in Tamil Nadu, specifically targeting the textile and garment industry.

## Key Achievements and Activities

### 1. Skill Development Training:

- Conducted training programs on Basic Sewing Machine Operation, equipping participants with essential skills for the textile and garment industry.
- Delivered training through state-of-the-art facilities and expert trainers to ensure that the youth received industry-relevant knowledge and practical experience.
- Collaborated with the National Skill Development Corporation (NSDC) and Tamil Nadu Skill Development Corporation (TNSDC) as an empaneled training partner, ensuring the alignment of training programs with national and state-level standards.

### 2. Youth Engagement and Beneficiary Outreach:

- Trained a total of 624 rural youth in Karur District under this program.
- Focused on economically disadvantaged youth, prioritizing inclusivity and empowering young women and other marginalized groups.

### 3. Placement and Employment Opportunities:

- Successfully placed 582 trainees in reputed textile mills in Karur and Tiruppur districts.
- Established partnerships with well-known textile companies to provide job opportunities, ensuring long-term economic benefits for participants.

### 4. Post-Placement Support:

- Provided follow-up support and counseling to help participants adjust to their new roles and ensure job retention.
- Monitored the career progress of trainees to ensure that they benefited from stable and sustainable employment.



## Impacts and Outcomes

- **Economic Empowerment:** The program has contributed to the financial upliftment of 624 rural households by equipping their members with market-relevant skills and securing employment.
- **Industrial Growth:** By supplying skilled labor to Karur and Tiruppur's thriving textile industries, the program supports the regional economy while addressing labour demands.
- **Empowering Rural Youth:** The initiative not only provided technical skills but also boosted participants' confidence and career aspirations, enabling them to break free from the cycle of poverty.

## Commitment to Excellence

Coodu Trust's implementation of DDU-GKY reflects its dedication to rural development and skill enhancement. By combining industry partnerships, robust training methodologies, and a focus on job placement, the Trust has successfully contributed to achieving the dual objectives of the scheme: transforming rural lives and empowering youth.

Through these efforts, Coodu Trust continues to play a pivotal role in fostering sustainable livelihoods and socio-economic development in rural Tamil Nadu.



Implementation of DDU<sub>2</sub>GKY by COODU Trust

# Solid Waste Management (SWM) Program

## Dindigul City Municipal Corporation (DCMC)

**Coodu Trust** has been entrusted with the implementation of the **Solid Waste Management (SWM)** Program for the **Dindigul City Municipal Corporation**, a critical initiative aimed at maintaining cleanliness, promoting waste segregation, and fostering sustainable waste disposal practices in the city.

### Key Achievements and Activities

#### 1. Daily Waste Collection and Segregation:

- The city has been divided into 12 operational divisions, with a systematic approach to waste collection tailored to the needs of each area.
- A dedicated workforce of 400 sanitary workers has been deployed across the divisions to ensure:
  - Door-to-door collection of waste from households, streets, and marketplaces.
  - Segregation of collected waste into degradable and non-degradable categories.
- Daily Collection Volume: An average of 86 tones of garbage is collected and processed every day.
- Segregated waste is disposed of safely and in an environmentally friendly manner, reducing the environmental burden on the city.

#### 2. Community Awareness and Engagement:

- Awareness Campaigns: Regular campaigns are conducted to educate residents about waste segregation at the source.
- Door-to-Door Sensitization: Field workers distribute Information, Education, and Communication (IEC) materials, encouraging households to adopt better waste management practices.
- Collaborative efforts aim to build a culture of environmental responsibility among the city's residents.

#### 3. Drainage Maintenance:

- Specialized teams have been assigned to tackle drainage issues, focusing on:
  - Clearing blockages caused by silt deposits or garbage accumulation.
  - Ensuring the smooth functioning of the city's drainage systems to prevent waterlogging and associated health risks.

#### 4. Round-the-Clock Operations:

- The team operates continuously to maintain a clean and garbage-free environment, ensuring that waste is managed effectively even during peak times.



# Domestic Breeding Checkers (DBC) Program Dindigul City Municipal Corporation (DCMC)

In addition to SWM, Coodu Trust also manages the Domestic Breeding Checker (DBC) Program, which plays a vital role in preventing mosquito-borne diseases by identifying and eliminating mosquito breeding grounds.

## Key Achievements and Activities

### 1. Daily Inspections:

- 110 Domestic Breeding Checkers are deployed to conduct house-to-house inspections across Dindigul.
- Their primary responsibility is to identify and destroy mosquito breeding sites in domestic items such as:
  - Coolers
  - Overhead water tanks
  - Flower pots
  - Tins, tyres, and other junk materials

### 2. Public Awareness and Education:

- The team creates awareness among residents about the importance of keeping their premises free of stagnant water to prevent mosquito breeding.
- Distribution of health education materials to inform the public about simple preventive measures against mosquito-borne diseases such as dengue, chikungunya, and malaria.

### 3. Disease Prevention:

By eliminating breeding grounds and promoting awareness, the program significantly reduces the risk of outbreaks in the city.



Domestic  
Breeding Checker  
(DBC) Program  
by COODU  
Trust

## Outcomes and Impact

- **Clean and Green Dindigul:** The combined efforts of the SWM and DBC programs have contributed to improving sanitation and public health in Dindigul.
- **Community Involvement:** Awareness campaigns have fostered greater community participation in maintaining cleanliness and preventing disease.
- **Environmental Sustainability:** Effective waste segregation and disposal practices have minimized the environmental impact of urban waste.
- **Disease Control:** Proactive measures by the DBC team have curtailed the spread of vector-borne diseases, safeguarding the health of Dindigul's residents.

Through these programs, Coodu Trust demonstrates its commitment to improving urban sanitation and public health, making Dindigul a model for effective waste management and disease prevention.



# Maintenance of Water Quality Testing Laboratories

## Tamil Nadu Water Supply and Drainage (TWAD) Board

Coodu Trust, in collaboration with the Tamil Nadu Water Supply and Drainage (TWAD) Board, is managing and operating 22 water testing laboratories across seven districts in the Tanjore region. This initiative aims to ensure the availability of safe drinking water by regularly analyzing the quality of water and providing accurate data to the government for informed decision-making.

### Key Achievements and Activities

#### 1. Water Quality Testing Across Seven Districts:

- Laboratories are strategically located to serve the districts of:
  - Trichy
  - Pudukkottai
  - Ariyalur
  - Perambalur
  - Thanjavur
  - Thiruvarur
  - Nagapattinam
- Each laboratory tests approximately 3,000 water samples annually, analyzing parameters to ensure compliance with safety standards.
- The water samples are tested for physical, chemical, and biological contaminants, ensuring that drinking water meets acceptable safety levels.

#### 2. Data Submission and Reporting:

- Test results and analyses are compiled and submitted to the government on a regular basis, aiding in the monitoring and improvement of water quality across the region.
- The data provides crucial insights for planning water supply and sanitation initiatives.

#### 3. Community Training and Capacity Building:

- Coodu Trust conducted extensive training programs on safe drinking water testing using Field Test Kits (FTKs) to empower local communities.
- A total of 658 participants were trained, including:
  - Panchayati Raj Institution (PRI) representatives
  - Self-Help Group (SHG) women
- Training programs were held across five districts, focusing on:
  - Identifying water contamination at the source.
  - Simple, cost-effective methods for testing water quality in the field.
  - Awareness of safe water storage and handling practices.



## Objectives of the Program

- **Ensure Public Health:** Regular monitoring and analysis of water samples to detect and mitigate contamination risks.
- **Empower Communities:** Build awareness and capacity at the grassroots level to enable local governance bodies and SHGs to take ownership of water quality issues.
- **Data-Driven Planning:** Provide accurate, real-time data to the government to support effective water supply and drainage management.

## Impact and Achievements

### 1. Improved Water Safety:

Regular testing of 66,000+ water samples annually across 22 laboratories ensures early detection of contaminants, safeguarding public health.

### 2. Community Awareness and Involvement:

Training programs have enhanced the capacity of local communities to identify and address water quality issues independently.

SHGs and PRI representatives are now better equipped to act as change agents in their villages, promoting safe water practices.

### 3. Support for Government Initiatives:

The Trust's detailed reports enable the government to take proactive measures to improve water supply infrastructure and address contamination issues.

## Conclusion

Through the effective management of water testing laboratories and community outreach programs, Coodu Trust plays a critical role in promoting water safety and public health in Tamil Nadu. Its initiatives align with the broader goals of sustainable development, ensuring access to safe drinking water for all while empowering communities to maintain and monitor water quality.



# Village Adoption Programme (VAP) – Supported by United Way, Mumbai (UWM)

Coodu Trust, in collaboration with United Way, Mumbai, under its CSR initiatives, successfully implemented the Village Adoption Programme (VAP) in the Manur Block. This program focuses on enhancing the infrastructure of educational institutions and improving sanitation facilities, ultimately contributing to the holistic development of rural communities.

## Key Achievements and Activities

### 1. New Library and Science Lab Building – Govt. Primary School, Pallikottai:

- Constructed a modern library and science lab to foster a learning-friendly environment.
- Equipped the library with books, learning materials, and educational aids to encourage reading habits among children.
- The science lab provides hands-on learning opportunities, stimulating interest in STEM (Science, Technology, Engineering, and Mathematics) subjects among students.

### 2. New Classroom Building – Govt. Middle School, Mettupirancheri:

- Built a spacious, well-ventilated classroom to accommodate more students and enhance the quality of education.
- The new facility reduces overcrowding and provides a comfortable learning space.

### 3. Tin Sheets for Boys' and Girls' Toilets – Govt. Primary School, Pallikottai:

- Installed durable tin sheets for both boys' and girls' toilets to ensure privacy and protect them from weather conditions.
- Improved sanitation infrastructure contributes to better hygiene practices among students.

### 4. Renovation of Boys' and Girls' Toilets – Govt. Middle School, Mettupirancheri:

- Renovated and upgraded existing toilet facilities to make them functional, clean, and safe for students.
- This initiative promotes better health and hygiene practices, addressing absenteeism, especially among girl students.

### 5. Floor Tiles for Anganwadi – Govt. Middle School, Mettupirancheri:

- Installed floor tiles in the Anganwadi to create a clean, hygienic, and child-friendly space for pre-school children.
- The improved infrastructure enhances the comfort and safety of young children attending the Anganwadi.

### 6. Tin Sheet for Noon Meal Hall – Govt. Primary School, Pallikottai:

- Installed tin sheets for the noon meal hall to provide a shaded, safe space where students can comfortably eat their meals.
- Ensures that students are protected from harsh weather conditions during their lunch breaks.

### 7. Whitewashing of School Buildings – Govt. Primary School, Pallikottai:

- Completed whitewashing of school buildings to improve the overall aesthetics and provide a brighter, more welcoming learning environment.  
A clean and well-maintained school infrastructure fosters pride and motivation among students and teachers.

## Program Outcomes and Impact

### 1. Enhanced Learning Environment:

- Improved infrastructure supports a conducive environment for education, encouraging better attendance and academic performance.

### 2. Hygiene and Health Benefits:

- Upgraded sanitation facilities have significantly reduced hygiene-related issues, especially for girls, thereby addressing dropout rates.

### 3. Early Childhood Development:

- The renovated Anganwadi center provides a nurturing environment for pre-school children, contributing to their physical and cognitive development.

### 4. Community Engagement:

- The program involved local stakeholders, including parents, teachers, and community leaders, fostering a sense of ownership and responsibility for maintaining the improved facilities.

### 5. Sustainable Development:

- The Village Adoption Programme aligns with broader goals of rural development by addressing critical gaps in education and sanitation infrastructure.

Through the Village Adoption Programme, Coodu Trust has demonstrated its commitment to empowering rural communities by improving educational infrastructure and promoting health and hygiene. These interventions create a lasting impact, ensuring a brighter future for children and families in Manur Block.



New Class room Constructed with the support of United Way, Mumbai - CSR Project - Village Adoption Programme (VAP) in the Manur Block by COODU Trust

# Rainwater Harvesting (RWH) Activities – Supported by TATA Power

With the support of TATA Power, Coodu Trust has successfully implemented a comprehensive Rainwater Harvesting (RWH) Program in the Manur Block of Tirunelveli district. This initiative focuses on the rejuvenation of water bodies and promoting sustainable water and agricultural practices to benefit local farmers and the broader community.

## Key Achievements and Activities

### 1. Capacity Building and Awareness Creation on Rainwater Harvesting:

- Conducted extensive awareness programs to educate farmers and local communities on the importance of rainwater harvesting (RWH) for water conservation.
- Sessions emphasized the benefits of RWH in ensuring water security, increasing agricultural productivity, and mitigating the effects of droughts.

### 2. Training on Agriculture and Animal Husbandry:

- Organized training programs to improve agricultural practices and introduce sustainable methods of farming.
- Focused on integrated farming techniques, including the effective use of rainwater for crop irrigation and the promotion of animal husbandry as an additional livelihood source.

### 3. Desilting of Seven Water Tanks:

- Desilted seven water tanks to enhance their storage capacity and improve groundwater recharge.
- The rejuvenation of these tanks ensures a reliable water source for irrigation and other community needs, especially during dry periods.

### 4. Installation of Recharge Shafts:

- Constructed 22 recharge shafts to facilitate efficient groundwater recharge in the region.
- These shafts ensure that excess rainwater percolates into the ground, replenishing aquifers and improving water table levels.

### 5. Tree Plantation Drive:

- Planted 4,460 trees in and around tank areas and on farmers' lands, focusing on species such as:
  - Palmyrah
  - Mango
  - Sappota
  - Tamarind
  - Lemon
  - Other horticultural and agroforestry plants
- The tree plantation initiative supports soil conservation, improves the local microclimate, and provides additional income through fruit and timber yields.

### 6. Formation of User Groups:

- Established five user groups in five villages to ensure the sustainable management and maintenance of water bodies.
- User groups are empowered to oversee the upkeep of tanks, recharge shafts, and planted areas, fostering community ownership and accountability.

## Impact and Beneficiaries

- **Farmers Benefited:** A total of 8,054 farmers from the region have directly benefited from these interventions, enhancing their agricultural productivity and livelihoods.
- **Water Security:**
  - Improved water availability for irrigation and livestock use.
  - Increased groundwater levels, reducing dependency on external water sources.
- **Agricultural Sustainability:**
  - Enhanced soil fertility due to desilting and increased use of organic matter from planted trees.
  - Promotion of mixed cropping and horticulture for diversified income sources.
- **Environmental Benefits:**
  - Tree plantation activities contribute to carbon sequestration and biodiversity enhancement in the region.
  - Reduced soil erosion and improved water retention in tank areas.

## Program Highlights

- The rejuvenation of tanks and water conservation measures ensure year-round water availability, reducing the vulnerability of farmers to erratic rainfall and climate change.
- The integrated approach, combining RWH, sustainable agriculture, and community participation, creates long-term impact and self-sustaining systems for water management.
- The program aligns with broader Corporate Social Responsibility (CSR) goals, fostering rural development while addressing critical environmental challenges.

## Conclusion

The Rainwater Harvesting Activities undertaken by Coodu Trust with the support of TATA Power have significantly transformed the Manur Block. By ensuring water security, improving agricultural resilience, and fostering environmental sustainability, this initiative serves as a model for holistic rural development.



# Rainwater Harvesting (RWH) Activities

## MI-Tank Initiative by United Way, Mumbai

With the support of United Way, Mumbai, Coodu Trust implemented a series of Rainwater Harvesting (RWH) activities under the MI-Tank Initiative in Manur Block, Tirunelveli district. This program focused on rejuvenating water bodies, sustainable agricultural practices, and community capacity building to enhance the region's water security and agricultural productivity.

### Key Achievements and Activities

#### 1. Training for Farmers on Advanced Cultivation Technologies:

- Organized training sessions for 25 farmers, focusing on the adoption of modern cultivation techniques.
- Topics covered included:
  - Selection of high-yield crop varieties.
  - Efficient irrigation methods using harvested rainwater.
  - Integrated nutrient management and pest control strategies.
- The training empowered farmers to increase crop productivity while conserving resources.

#### 2. Skill Training for Rural Youth in Farm Machinery Repair and Maintenance:

- Provided specialized training to 20 rural youth on repairing and maintaining farm machinery.
- This initiative created employment opportunities for participants while ensuring timely maintenance of agricultural equipment in the community.
- Youth trained under this program now offer affordable services to local farmers, reducing machinery downtime and repair costs.

#### 3. Clearing Invasive Species (*Prosopis Juliflora*) from Ponds:

- Conducted large-scale clearing of invasive *Prosopis Juliflora* plants from local water bodies.
- This invasive species had previously clogged ponds, reducing water storage capacity and affecting biodiversity.
- Removing *Prosopis Juliflora* restored the ponds' water retention capacity, improved the quality of water, and revitalized native ecosystems.

#### 4. Formation and Maintenance of Cattle Ponds:

- Constructed and repaired 25 cattle ponds to provide clean and reliable water sources for livestock.
- Maintenance works included repairing minor weirs and clearing blockages to enhance water flow and storage.
- These improvements support livestock health and ensure steady water availability for cattle during dry seasons.

#### 5. Construction of Recharge Shafts:

- Installed recharge shafts near water bodies to improve groundwater replenishment.
- These structures capture and channel rainwater directly into aquifers, ensuring sustainable groundwater levels for agricultural and domestic use.

## 6. Plantation of Local Tree Species and Ecosystem Restoration:

- Cleared invasive species like Prosopis Juliflora and replaced them with local tree species in the project villages.
- Planted native species that are ecologically beneficial, including fruit-bearing and shade-providing trees.
- This effort improves soil quality, enhances biodiversity, and provides long-term environmental and economic benefits to the community.

## 7. Demonstration of Advanced Integrated Crop Management Practices:

- Conducted field demonstrations for 20 farmers on Integrated Crop Management (ICM) practices, including:
  - Optimized use of fertilizers and pesticides.
  - Efficient water usage through micro-irrigation techniques.
  - Crop rotation and diversification to maintain soil fertility.
- These demonstrations encouraged farmers to adopt sustainable practices, increasing yields and reducing costs.

## Program Impact and Beneficiaries

- **Enhanced Agricultural Productivity:** Farmers trained on modern techniques and ICM practices experienced better crop performance and reduced input costs.
- **Employment Generation:** Rural youth trained in machinery repair gained self-employment opportunities, contributing to the local economy.
- **Water Security:** Rejuvenated ponds and recharge shafts significantly improved water availability for irrigation, livestock, and domestic use.
- **Environmental Restoration:** Removing invasive species and planting native trees revitalized local ecosystems, improving biodiversity and long-term environmental resilience.
- **Community Empowerment:** Capacity-building activities fostered self-reliance among farmers and rural youth, ensuring sustainable management of resources.



## Sustainability Measures

- **Community Ownership:** Local stakeholders, including farmers and youth, were actively involved in the project, ensuring long-term maintenance and sustainability.
- **Replicable Model:** The integrated approach to water harvesting, agricultural innovation, and community training can serve as a model for other regions facing similar challenges.
- **Environmental Stewardship:** The program's focus on ecosystem restoration ensures long-term environmental and agricultural benefits.

## Conclusion

The MI-Tank Initiative supported by United Way, Mumbai, has made significant strides in improving water management, agricultural sustainability, and community resilience in the Manur Block. Through a combination of technical interventions and capacity building, Coodu Trust has created a lasting impact on the lives of farmers and rural youth, contributing to the region's overall development.



# Solid Waste Management Program: Supported by Renault P. Ltd

With the support of Renault P. Ltd, Coodu Trust has successfully implemented a Solid Waste Management (SWM) Program in Padappai Panchayat, Kancheepuram District, Tamil Nadu. This program aims to create a holistic, integrated, and eco-friendly waste management system in the region, leveraging innovative technologies and community participation for sustainable environmental management.

## Key Achievements and Activities

### 1. Waste Collection and Decomposition Process:

- **Daily Collection:** On average, 4 to 5 tons of waste are collected from households and various public spaces within Padappai Panchayat.
- **ECOMAC Decomposition Machine:** The waste is processed using the ECOMAC decomposition machine, an advanced technology designed for efficient composting. This machine transforms organic waste into high-quality compost, which can be used for agricultural or horticultural purposes, thereby reducing landfill waste and enhancing soil health.
- **Sustainability Focus:** The primary objective is to develop a sustainable, eco-friendly waste management system that minimizes environmental pollution and fosters a circular economy by recycling waste back into useful products.

### 2. Awareness Creation among Households (HH):

- **Extensive awareness campaigns** were carried out in and around the Padappai Panchayat, targeting households to educate them on proper waste segregation, composting methods, and the importance of reducing waste generation.
- **Awareness programs** focused on segregating waste into biodegradable and non-biodegradable categories, and how to handle waste for composting. This helped create a community that is more conscientious about waste management.

### 3. Training and Empowerment of Sanitary Workers:

- Comprehensive training sessions were held for sanitary workers to enhance their skills in waste segregation, composting, and proper waste handling practices.
- Workers were educated on the use of modern waste management tools and techniques, ensuring that they are equipped to carry out their duties efficiently and safely.
- Empowerment of workers also involved raising awareness about their crucial role in maintaining cleanliness and hygiene within the community.

### 4. IEC Materials Distribution:

- Information, Education, and Communication (IEC) materials, such as posters, brochures, and leaflets, were distributed to the community to reinforce the principles of solid waste segregation and the benefits of composting.
- These materials helped spread key messages on reducing, reusing, and recycling waste, and encouraged greater participation from local residents in the program.

## 5. School Awareness Program and Drawing Competition:

- School outreach programs were organized to raise awareness among students about the importance of solid waste management and environmental conservation.
- A drawing competition was held in local schools, encouraging children to express their ideas and creativity around the theme of solid waste management. This initiative not only educated the younger generation but also promoted eco-friendly habits at an early age, leading to a more environmentally responsible future.

## Program Impact and Beneficiaries

- **Waste Reduction:** The program has significantly reduced the amount of waste being sent to landfills, with the effective composting of organic waste leading to the creation of nutrient-rich compost. This contributes to the reduction of environmental pollution and promotes a circular economy.
- **Community Involvement:** Through training, awareness, and active participation, the community now takes greater responsibility for waste management. This has fostered a culture of cleanliness and environmental awareness among the residents.
- **Employment and Skill Development:** The program created job opportunities for local workers involved in waste collection, segregation, and composting, while also providing them with valuable skills in modern waste management techniques.
- **Environmental Sustainability:** By recycling waste into compost and reducing landfill dependency, the program has helped in improving soil fertility, reducing air pollution from waste burning, and preventing the contamination of water sources from improperly disposed waste.

## Sustainability and Future Plans

- **Scaling the Program:** The success of the program in Padappai Panchayat could serve as a model for other panchayats and urban local bodies in the region, with the potential to expand the use of the ECOMAC decomposition machine and other eco-friendly waste management technologies.
- **Ongoing Community Engagement:** Continued community involvement is vital for maintaining the program's success. Ongoing awareness campaigns, training programs, and school outreach initiatives will ensure long-term behavioral changes in waste management practices.
- **Partnerships for Growth:** Future collaboration with local government authorities, private organizations, and other stakeholders will be key to scaling up and institutionalizing the program across Kancheepuram District and beyond.

## Conclusion

The Solid Waste Management Program implemented by Coodu Trust with the support of Renault P. Ltd in Padappai Panchayat is a successful model of sustainable waste management. By integrating modern composting technologies, community-based awareness programs, and training initiatives, the program has fostered an eco-friendly, self-sustaining waste management system. The efforts not only improve local environmental conditions but also empower the community to take responsibility for a cleaner, greener future.

# Rainwater Harvesting (RWH) Activities – Supported by Krishna Mines

With the support of Krishna Mines, Coodu Trust has successfully implemented a series of Rainwater Harvesting (RWH) activities aimed at restoring water bodies and improving water conservation practices in Manur Block, Tirunelveli District, Tamil Nadu. The initiative has focused on enhancing water availability, capacity building, and sustainable agricultural practices, benefiting a large number of farmers and communities in the region.

## Key Achievements and Activities

### 1. Capacity Building and Awareness Creation on Rainwater Harvesting:

- Extensive awareness programs were conducted to educate farmers and local communities on the importance of rainwater harvesting for sustainable agriculture and water conservation.
- Topics included techniques for water conservation, harvesting rainwater for agricultural use, and how these practices can help mitigate the impact of irregular rainfall patterns.
- These programs also emphasized the long-term benefits of harvesting rainwater to reduce dependency on groundwater sources, which have been depleting due to over-extraction.

### 2. Training on Agriculture and Animal Husbandry:

- In addition to RWH activities, training sessions were organized for farmers on modern agricultural practices and animal husbandry techniques.
- The training covered topics such as:
  - Efficient irrigation methods using harvested rainwater.
  - Livestock management practices to improve milk production and animal health.
  - Introduction to organic farming techniques that conserve soil and water.
- These trainings were aimed at improving both crop and livestock productivity, making farming more profitable and sustainable.

### 3. Desilting of Water Tanks:

- Desilting activities were carried out in 7 tanks to restore their capacity to store water effectively.
- Over time, silt and debris accumulate in water tanks, reducing their ability to capture and hold rainwater. By removing the sediment, the tanks' storage capacity was significantly increased, ensuring more water retention during rainy seasons.
- This process also helps improve water quality by preventing the clogging of intake points and ensuring clear water flows into the tanks.

### 4. Construction of Recharge Shafts:

- 21 recharge shafts were constructed across the project area to enhance groundwater recharge.
- These recharge shafts capture and direct rainwater into underground aquifers, replenishing the local water table and improving the availability of groundwater for irrigation and drinking purposes.
- The recharge shafts have been particularly valuable in areas where groundwater levels have been depleting due to over-reliance on wells and boreholes for irrigation.

## 5. Tree Plantation for Environmental and Soil Health Improvement:

- A total of 5,600 trees were planted in the tank areas and on farmers' lands to improve the local ecosystem.
- Trees planted include Palmyrah, Mango, Sapodilla (Chikoo), Tamarind, Lemon, and other horticultural plants.
- These trees serve multiple purposes:
  - Providing shade and windbreaks for crops.
  - Preventing soil erosion, especially near water bodies.
  - Enhancing biodiversity by attracting pollinators and wildlife.
  - Producing fruits and other resources that can provide additional income to farmers.

## 6. Formation of User Groups:

- 7 user groups were formed in 5 villages, consisting of farmers and local community members.
- These groups have been trained to maintain and manage the restored water bodies, recharge systems, and tree plantations.
- By forming these groups, the program ensured community ownership of the water harvesting systems, fostering long-term sustainability and collective responsibility for water conservation.

## Program Impact and Beneficiaries

- **Beneficiaries:** A total of 6,062 farmers across the project area have benefitted from the program's activities, gaining access to improved water resources, better agricultural training, and sustainable farming practices.
- **Water Storage:** The initiative has led to the additional storage of 21.95 crore liters of water through enhanced rainwater harvesting techniques and restored tanks. This significant increase in water availability has had a direct impact on agricultural productivity.
- **Groundwater Recharge:** The installation of recharge shafts has resulted in an increase in the water table by 5 to 10 feet, ensuring that farmers have a more reliable source of groundwater for irrigation.
- **Increased Crop Yield:** With better water availability, farmers are now able to grow three crops per year instead of just one or two. This has significantly boosted crop yields, improving the livelihoods of farmers and ensuring food security in the region.
- **Expansion of Cultivable Area:** The restoration of water bodies and implementation of rainwater harvesting systems have led to an increase in cultivable area by 25-30%, allowing farmers to expand their agricultural activities and diversify crops.

## Conclusion

The Rainwater Harvesting (RWH) Program, supported by Krishna Mines, has had a profound impact on the agricultural landscape of Manur Block, Tirunelveli District. By restoring water bodies, enhancing groundwater recharge, and improving farming practices, the program has empowered 6,062 farmers, improved agricultural productivity, and contributed to the long-term sustainability of water resources. The holistic approach of combining water conservation with agricultural development ensures that the community will continue to thrive and benefit from these efforts for years to come.



# Rainwater Harvesting (RWH) and Health Camps Supported by ATC Tires

With the support of ATC Tires, Coodu Trust has implemented Climate Change Adaptation strategies through Rainwater Harvesting (RWH) activities and Health Camps aimed at improving the livelihoods of rural communities in Manur Block, Tirunelveli District and Karur District, Tamil Nadu. These initiatives are focused on building resilience to climate change, improving water availability for agriculture, and enhancing community health through various CSR-supported activities.

## Rainwater Harvesting (RWH) Activities

### 1. Desilting of Water Bodies:

- Madavakurchi Oorani, Kammalankulam Kulam, Thulukarpatti Kulam, and Vallavan Kottai Kulam water tanks were desilted to restore their water-holding capacity.
- The desilting process significantly improved the tanks' ability to store water during the monsoon, contributing to better water availability throughout the year.

### 2. Recharge Shafts:

- 8 recharge shafts were constructed in the targeted water bodies to facilitate artificial groundwater recharge.
- These shafts channel rainwater into the groundwater system, ensuring a steady replenishment of the local aquifers. This initiative is vital in areas facing depleting groundwater levels due to over-reliance on wells and boreholes.

### 3. Tree Plantation:

- A total of 8,450 Palmyrah seeds were planted along the tank bunds.
- Palmyrah is a drought-resistant tree, and its plantation helps in preventing soil erosion, providing shade, and contributing to the ecosystem's restoration.

### 4. Increase in Water Table and Agricultural Benefits:

- As a result of these activities, the water table has increased by 5-10 feet, significantly improving the availability of groundwater.
- This increase in water availability has enabled farmers to practice three-crop farming, up from one or two crops per year previously.
- The cultivable area has expanded by 30%, allowing farmers to increase their agricultural output and diversify crops.

### 5. Roof-Top Rainwater Harvesting Structures:

- 125 households in the three targeted panchayats had rooftop rainwater harvesting systems installed.
- These systems allow families to collect and store rainwater for domestic use, reducing their dependency on other sources and ensuring a more sustainable water supply.

### 6. Energy Efficiency Improvements:

- To further improve sustainability, 1,500 LED bulbs were distributed to replace traditional incandescent bulbs, reducing energy consumption and promoting eco-friendly lighting solutions in the community.

## Capacity Building and Training Programs

### 1. Farmers' Training on Crop Cultivation and Livestock Management:

- A one-day training session was organized for 90 farmers from 3 villages, focusing on modern agricultural techniques, including soil health, crop rotation, irrigation, and the management of water resources.
- The training also covered livestock management, improving the overall productivity and sustainability of the farmers' operations.

### 2. Self-Help Groups (SHGs) Training on Management and Entrepreneurship:

- 60 women SHG leaders participated in a one-day training session focused on SHG management and entrepreneurship development opportunities.
- The training empowered women leaders with the skills to better manage their groups and explore income-generating opportunities within their communities.

### 3. Entrepreneurship Development Training for Mushroom Production:

- A two-day entrepreneurship development training was conducted for 60 women, with a special focus on mushroom production.
- Following the training, 8 women's groups (comprising 41 women) began mushroom cultivation, generating an income of Rs. 300/day for each participant.
- This initiative provided rural women with a new skill and a reliable source of income, while also promoting sustainable agricultural practices.

### 4. Training in Artificial Insemination (AI) and Animal Care:

- 7 rural youth were trained for 30 days in Artificial Insemination (AI) and animal care, focusing on improving the health and productivity of livestock in the region.
- This training enabled the youth to become Para-Professionals in animal care, providing essential services such as animal breeding and healthcare within their villages.
- The trained youth now offer AI services to farmers, improving the quality of livestock and helping increase milk production in the area.

## Health Camps and Community Health Initiatives in Karur District

Alongside RWH activities, Coodu Trust also organized health camps in Karur District, aimed at improving the overall well-being of the rural communities. These camps focused on:

### 1. Basic Health Check-ups:

- Comprehensive medical check-ups were provided to underserved rural communities, offering health assessments, diagnostics, and prescriptions for common ailments.

### 2. Preventive Healthcare:

- Awareness sessions were conducted on preventive healthcare practices, including sanitation, nutrition, and hygiene, aimed at reducing the burden of preventable diseases in rural areas.

### 3. Community Health Education:

- Health camps included discussions on family planning, immunization, and disease prevention, empowering rural families to make informed health decisions.

## Impact and Outcomes

- **Improved Water Accessibility:** The restoration of tanks, recharge shafts, and installation of rooftop rainwater harvesting systems have drastically improved water accessibility, enabling three-crop farming and increased agricultural productivity in the region.
- **Enhanced Livelihoods:** The training and skill-building activities have helped rural communities diversify their sources of income. The mushroom cultivation initiative and animal care services have proven to be particularly successful in creating sustainable livelihoods for women and youth.
- **Community Empowerment:** The various capacity-building programs for farmers, women, and youth have empowered local communities, giving them the tools to manage their resources, improve their incomes, and adopt new skills for long-term prosperity.
- **Improved Health Outcomes:** The health camps have addressed pressing healthcare issues in the rural areas of Karur District, providing essential health services and preventive care that will have long-term benefits for the well-being of the community.

## Conclusion

The Rainwater Harvesting (RWH) and Health Camp initiatives, supported by ATC Tires, have had a transformative impact on the communities in Manur Block (Tirunelveli District) and Karur District. By addressing both water conservation and healthcare needs, Coodu Trust has created a sustainable model for climate change adaptation, community health improvement, and economic empowerment. These integrated efforts have led to increased water availability, improved agricultural productivity, diversified livelihoods, and better health outcomes, ensuring long-term benefits for rural communities.

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# Rainwater Harvesting & Health Care Programme

## Supported by Cheran Spinning Mills, Tiruppur

With the support of Cheran Spinning Mills, Tiruppur, under its Corporate Social Responsibility (CSR) initiative, Coodu Trust has implemented a comprehensive Rainwater Harvesting (RWH) and Health Care Programme in Kadavur Block, Karur District, Tamil Nadu. This program focuses on skill development, environmental protection, and sustainable agricultural practices, with the ultimate aim of improving the livelihoods and well-being of rural communities.

### Skill Development Programs

#### 1. Training in Accounting (Tally):

- **65 women** from Mylampatty training center were trained for **three months in Tally**, a leading accounting software.
- This **skill development program** enabled the women to enhance their financial literacy and become proficient in digital accounting tools.
- As a result of the training, **51 women secured employment** in reputed concerns in Karur District, earning a decent salary, which has significantly improved their economic independence and financial stability.

#### 2. Basic Sewing Machine Operation:

- **30 women** were trained in **basic sewing machine operation** over a **three-month** period.
- Upon completion of the training, **24 women** secured employment in **textile mills** located in **Vedasandur and Karur**, gaining valuable experience in the textile industry.
- Additionally, **3 women** became **self-employed**, starting their own tailoring businesses and earning between **Rs. 350-400 per day**.

This initiative not only provided **employment opportunities** but also **empowered women** by enhancing their skill sets and promoting self-reliance.

### Environmental Protection and Carbon Reduction

#### 1. Tree Plantation in Kadavur Block:

- **Cheran Spinning Mills** has supported **environmental sustainability** by partnering with **Coodu Trust for extensive tree plantation drives**.
- **6,000 trees were planted** in common lands across **Kadavur Block**, contributing to carbon reduction and improving the local ecosystem.
- These plantations are aimed at reducing the carbon footprint, improving air quality, and creating a sustainable environment for future generations.

#### 2. Horticultural Plantations on Farmers' Land:

- In addition to the community plantation, **4,000 horticultural plants such as Amla, Mango, Tamarind, Sapota, and Lemon** were planted on **farmers' lands**.
- These plants are chosen for their economic value, as they will provide a **regular income** for farmers **after three years**.
- The initiative not only supports **agricultural sustainability** but also creates long-term **economic benefits** for farmers, enhancing their resilience against climate change and economic instability.

## Rainwater Harvesting (RWH) Activities

- The Rainwater Harvesting (RWH) efforts under the Cheran Spinning Mills CSR initiative focused on improving the water security of the local communities by implementing rainwater collection and storage systems in village-level water bodies. This ensured:
  - Improved access to water for agriculture, livestock, and household use, particularly during dry spells.
  - Better groundwater recharge, supporting sustainable farming practices in the region.

## Health Care Initiatives

- Although primarily focused on skill development and environmental sustainability, the partnership with Cheran Spinning Mills also provided indirect support for community health through the improved socio-economic conditions brought about by employment and environmental initiatives.
- Access to better livelihoods has a direct impact on the overall health and well-being of the rural population, as it provides them with the means to improve nutrition, access healthcare, and create a cleaner, healthier living environment.

## Impact and Outcomes

### 1. Economic Empowerment of Women:

- Skill development programs have empowered women by providing them with the tools to find stable employment or become self-employed.
- 51 women have found jobs with reputed employers, while 3 women are now successfully running their own businesses, contributing to the local economy and their families' welfare.

### 2. Sustainable Environmental Practices:

- The plantation efforts have enhanced the green cover in Kadavur Block and promoted carbon sequestration.
- The horticultural plants on farmers' land will contribute to a diversified income for farmers in the coming years, ensuring long-term sustainability and resilience.

### 3. Improved Livelihoods and Resilience:

- The employment opportunities generated through these programs, combined with the environmental and water management improvements, have made the local communities more resilient to economic and environmental shocks.
- The integration of sustainable agricultural practices and skills training has laid a foundation for long-term economic stability in Kadavur and surrounding areas.

## Conclusion

The Rainwater Harvesting & Health Care Programme, supported by Cheran Spinning Mills, has successfully blended skill development, environmental sustainability, and economic empowerment. By providing women with valuable skills in accounting and sewing machine operation, improving agricultural practices, and enhancing environmental protection through large-scale plantation efforts, the initiative has made a lasting impact on the livelihoods and resilience of rural communities in Kadavur Block and surrounding areas. Through these efforts, Coodu Trust and Cheran Spinning Mills have contributed significantly to the social, economic, and environmental well-being of the local population, ensuring a more sustainable and prosperous future for all.

# FPO Promotion & Training Programme – Supported by SRI MUGUND Bakers & Traders Pvt. Ltd.

Coodu Trust, with the support of SRI MUGUND Bakers & Traders Pvt. Ltd., has initiated a FPO Promotion & Training Programme in Kadavur Block, Karur District, Tamil Nadu. The focus of this program is to empower women in the region by promoting the establishment of Farmer Producer Organizations (FPOs), specifically targeting the dairy farming sector. The program is designed to improve the capacity and sustainability of local farmers, enhance their knowledge of agricultural and livestock management, and create a platform for collective action to increase economic resilience.

## Training and Capacity-Building Activities

### 1. Two-Day Training on FPO Functioning:

- The first part of the program involved a **two-day training** session for **250 women** on the **functioning of FPOs** and the benefits they offer to smallholder farmers.
- Topics covered included:
  - The **structure and operations** of an FPO.
  - The **roles and responsibilities** of FPO members.
  - How FPOs can help farmers **aggregate their produce, improve bargaining power, and access better market prices.**
  - An overview of **government schemes** available for **FPOs**, including financial support, subsidies, and other incentives.
- The training aimed to enhance the **knowledge and skills of women farmers**, equipping them to effectively participate in and benefit from the FPO structure.

### 2. Training on Dairy Farming:

- In parallel to FPO training, **dairy farming** was a key focus of the program. **300 women** were trained in **6 batches** on dairy farming practices to improve the productivity and profitability of local dairy operations.
- The training sessions covered a wide range of topics, including:
  - **Fodder cultivation** techniques to ensure year-round availability of nutritious feed for livestock.
  - **Livestock management** practices to improve the health and milk yield of dairy cattle.
  - **Animal nutrition and health management**, including vaccination schedules, disease prevention, and feeding practices.

### 3. Specialized Training on Crop Management and Livestock Health:

- In addition to dairy farming, **crop management and fodder cultivation** were also key components of the training program. This holistic approach aims to integrate crop production with livestock management, creating a more sustainable farming system.
- Experts and resource persons from the **Veterinary Department, Krishi Vigyan Kendra (KVK), and the Agriculture Department** participated as trainers. Their contributions ensured that the training was **technically sound and aligned** with current best practices in agriculture and **livestock management.**



## Expert Involvement and Support

The training sessions were made more impactful by the involvement of subject-matter experts:

- **Veterinary Department:** Provided critical insights on animal health and disease prevention, enabling women farmers to better care for their livestock.
- **Krishi Vigyan Kendra (KVK):** Offered practical, research-based advice on crop management and sustainable agricultural practices.
- **Agriculture Department:** Shared the latest government guidelines, subsidies, and schemes to support FPOs, ensuring that participants were informed about opportunities for growth.

## Impact of the Programme

### 1. Enhanced Women's Participation in Agriculture:

- The program has played a key role in **empowering women in Kadavur Block** by enhancing their skills and knowledge in agriculture and livestock management. This has led to greater participation and leadership within the FPO, making women central to the decision-making processes within the organization.

### 2. Increased Productivity and Economic Empowerment:

- The training has had a **direct impact on milk production and crop yields, increasing income and improving the standard of living for women farmers.** The introduction of sustainable practices has improved both productivity and profitability.

### 3. Strengthened Community-based Farming Models:

- The **FPO model fosters cooperation and collective action**, allowing farmers to benefit from shared resources and better market access. This has enhanced the resilience of the local farming community by making them less vulnerable to market fluctuations and climate-related challenges.

### 4. Improved Access to Resources:

- With the knowledge of government schemes and the support of experts, the women have become more adept at navigating available resources, including financial aid, subsidies, and technical assistance, further bolstering their livelihoods.

## Conclusion

The **FPO Promotion & Training Programme**, supported by **SRI MUGUND Bakers & Traders Pvt. Ltd.**, has significantly contributed to the empowerment of **women farmers in Kadavur Block**. By providing comprehensive training in **dairy farming, crop management, and fodder cultivation**, the program has laid the foundation for more **sustainable, resilient, and economically empowered farming communities**. With the establishment of FPOs, women are now better positioned to take collective action, improve their productivity, and secure a stronger economic future for themselves and their families.

# Agri Training Programme and Plantation Supported by Buvaneshwari & Co Spinning Mills

Coodu Trust, with the support of Buvaneshwari & Co Spinning Mills, has launched an Agri Training Programme and Plantation Initiative in Kadavur and Thonthoni Blocks, Karur District, Tamil Nadu. This program aims to empower local farmers, improve their agricultural practices, and promote environmental sustainability through training sessions and tree plantation activities. The initiative focuses on enhancing farming techniques, particularly in crop management, fodder cultivation, and livestock management, while also contributing to the conservation of natural resources and water management.

## Training and Capacity-Building Activities

### 1. Crop Management, Fodder Cultivation, and Livestock Management Training:

To enhance the skills of 280 farmers, the training program was conducted in 8 batches, with each session focusing on essential aspects of sustainable farming practices:

- **Crop Management:** Farmers were trained on best practices for growing high-yielding crops, managing pest and disease control, and optimizing soil health for improved productivity.
- **Fodder Cultivation:** Special emphasis was placed on the cultivation of nutritious fodder crops that provide essential feed for livestock, ensuring year-round availability and enhancing the health and productivity of animals.
- **Livestock Management:** The training included best practices in caring for animals, improving dairy productivity, and managing animal health. This included sessions on animal nutrition, disease prevention, and health monitoring.

The program also integrated practical training, allowing farmers to observe and apply the techniques learned during the sessions. Veterinary department experts, Krishi Vigyan Kendra (KVK) professionals, and Agriculture Department resource persons participated, ensuring the content was based on latest research and innovative practices in the agricultural sector.

## Environmental Protection and Conservation Activities

### 1. Tree Plantation Drive:

In line with the program's objective to promote **environmental sustainability**, **6,000 agro-plants** were planted across the common lands in **Kadavur and Thonthoni Blocks**. The trees planted include species that contribute to improving the local ecosystem, enhancing soil fertility, and providing green cover. This effort aims to:

- **Reduce soil erosion and improve soil health.**
- **Increase carbon sequestration**, helping to mitigate the effects of climate change.
- Provide **shade** and **windbreaks** that protect crops and improve the microclimate for farming.



These plantations will serve not only as environmental assets but also as **long-term economic resources** for the local communities, providing fruits and other resources that can contribute to livelihoods in the future.

## Key Objectives and Outcomes

### 1. Empowerment of Farmers:

- The training sessions have empowered 280 farmers, providing them with the knowledge and skills required to improve their farming practices. The knowledge transfer focused on improving both crop yields and livestock health, directly impacting the income and livelihoods of the participants.
- Farmers are now better equipped to manage their farms in an environmentally sustainable way, contributing to both economic growth and environmental protection.

### 2. Environmental Sustainability:

- The tree plantation and recharge shaft initiatives contribute significantly to the sustainability of the local ecosystem. By planting trees and enhancing water recharge systems, the program is helping restore and preserve natural resources in the region.
- These actions will lead to improved water availability and a more resilient farming system, which is vital in the face of changing climatic conditions.

### 3. Improved Livelihoods for Farmers:

- The integration of fodder cultivation and livestock management with crop farming has opened up new opportunities for farmers to diversify their income sources. The added knowledge about sustainable agriculture and efficient farming methods has made them more competitive and resilient to market fluctuations.
- Farmers now have better access to water, which supports multiple cropping and enhances overall productivity, thus increasing their income potential and improving their standard of living.

## Expert Involvement and Support

The training program received significant input from expert trainers:

- **Veterinary Department** specialists provided insights on animal health and livestock care.
- **KVK professionals** shared research-backed strategies on agriculture and fodder cultivation.
- **Agriculture Department** officials facilitated the training on crop management and government schemes available for farmers.



## Conclusion

The **Agri Training Programme and Plantation Initiative**, supported by **Buvaneshwari & Co Spinning Mills**, has made a significant impact on **Kadavur and Thonthoni Blocks** by improving **farming techniques, promoting environmental sustainability**, and enhancing livelihoods for local farmers. The **training on crop management, fodder cultivation, and livestock care** has empowered farmers with the knowledge and tools to optimize their agricultural productivity, while the tree plantation and water recharge efforts have enhanced the region's environmental resilience. This integrated approach to farming, combined with **sustainable practices and community involvement**, is laying a foundation for long-term economic stability and environmental protection in the region.

# Dairy Development Programme

## Supported by Karur Vysya Bank (KVB)

**Coodu Trust**, with the support of Karur Vysya Bank, has successfully promoted a **Farmer Producer Company (FPC) in Tharangampatti**, Karur District, under the name **Tharangampatti Dairy Farmers Producer Company Limited (TDPCL)**. This initiative is specifically designed to empower **women farmers** and encourage them to become **agri-entrepreneurs**, with a focus on improving their dairy farming practices and creating sustainable income opportunities.

### Key Objectives of the Dairy Development Programme

The overarching goal of the **Dairy Development Programme** is to support the **economic empowerment of women farmers** through **collective action**, while improving the **productivity** and **profitability** of dairy farming in the region.

- 1. Promotion of Women Agri-Entrepreneurs:** The programme primarily targets women farmers in the area, encouraging them to become active participants in the dairy value chain.
- 2. Sustainable Dairy Practices:** Through a series of training and capacity-building sessions, the programme aims to enhance the knowledge and skills of women farmers in fodder cultivation, dairy management, and milk production.
- 3. Establishment of Milk Collection Centers:** The creation of milk collection centers aims to improve the efficiency of milk procurement and create a stable market for women producers.

### Program Achievements and Activities

#### 1. Formation of Tharangampatti Dairy Farmers Producer Company (TDPCL):

- A total of **500 women farmers** were enrolled as **members of TDPCL**, providing them with a platform to collectively manage and market their milk production.
- **10 milk collection centers** were established, making it easier for women farmers to deliver their milk efficiently and receive fair prices for their produce.

#### 2. Milk Collection and Procurement:

- The milk collection unit has significantly improved its procurement capacity, **processing 1,500 to 1,700 liters of milk daily** from the women farmers in the region.
- This consistent and large-scale procurement ensures that farmers have a **steady market** for their milk and receive regular payments.

#### 3. Capacity-Building and Training Programs:

- A **30-day training program** was conducted for **20 youth** from the area on **Para-Veterinary Services**, with support from the **Veterinary Department**. This training equipped them with the skills to provide veterinary care to dairy animals, improving the health and productivity of the livestock in the community.
- **100 women farmers** received **specialized training in fodder cultivation and Azolla cultivation**.

These training programs focused on:

- Growing high-nutrition **fodder** to improve livestock health and milk production.
- Cultivating **Azolla**, a high-protein aquatic plant that is used as a natural feed supplement, enhancing the milk yield of cows.

#### 4. Impact on Milk Yield and Income:

- As a result of the improved feeding techniques and better management practices learned through the training programs, the milk yield of the cows has shown a remarkable increase.
- On average, women farmers have been able to earn Rs. 34 per liter of milk, leading to improved financial stability and a better standard of living for their families.

#### 5. Strengthening the Dairy Value Chain:

- By promoting collective action through the formation of TDPCL, the programme has enabled women farmers to become active players in the dairy value chain, ensuring they are directly involved in the marketing and distribution of their milk.
- The value chain model has helped women farmers gain better control over pricing and access to markets, which has been crucial in improving their income and sustainability.

### Sustainability and Long-Term Impact

The Dairy Development Programme is designed with sustainability at its core. The following outcomes are expected over the long term:

- **Economic Empowerment:** By enabling women to take leadership roles in dairy farming and providing them with the skills to manage their enterprises, the programme has helped these women transition from subsistence farming to agri-entrepreneurship. The added income from dairy farming has significantly improved the economic status of the women and their families.
- **Improved Dairy Productivity:** The training in fodder cultivation, Azolla farming, and veterinary care has led to healthier cows, better milk yield, and increased overall productivity. These practices will continue to benefit the community in the years to come, contributing to increased food security and sustainable livelihoods.
- **Community and Market Development:** By establishing milk collection centers and promoting collective marketing, TDPCL has created a strong support network for the women farmers. This network will allow them to access better prices for their milk and expand their reach in the dairy market.

### Conclusion

The **Dairy Development Programme**, supported by **Karur Vysya Bank**, has had a transformative impact on the **women farmers of Tharangampatti, Karur District**. By promoting **women-led agri-entrepreneurship**, the programme has not only improved **milk production and dairy farming practices**, but also contributed to the economic empowerment of women in the region. The program's focus on **capacity building, training, and the establishment of milk collection centers has created a sustainable model for dairy farming**, where women are central to the value chain. As a result, women farmers are now **earning better income, improving their livelihoods**, and setting the stage for continued success in the **dairy industry**.



# Education and Skill Development Programs

## SJ Group of Institutions

With the approval of Manonmaniam Sundaranar University, Coodu Trust has been successfully conducting a range of vocational and skill development courses at SJ Group of Institutions, aimed at empowering students through specialized training and fostering career opportunities. These courses are designed to provide quality education and equip students with the practical skills necessary to succeed in their chosen fields.

### Offered Courses and Student Enrollment

The following courses are currently being offered at SJ Group of Institutions:

#### 1. Diploma in Medical Laboratory Technology (DMLT) – 2 years

This course focuses on training students in medical laboratory practices, equipping them with the skills necessary to perform clinical tests, manage laboratory equipment, and assist healthcare professionals in diagnosing medical conditions.

#### 2. General Duty Assistant (GDA) – 2 years

The GDA course provides training for students in healthcare support roles, including patient care, handling medical equipment, and assisting nursing staff in various medical settings. This course is essential for those aspiring to work in hospitals and healthcare facilities.

#### 3. Fashion Designing – 1 year

The Fashion Designing course trains students in the fundamentals of clothing design, pattern making, and garment construction. Students are taught to design fashionable clothing and understand the fashion industry from a practical perspective.

#### 4. Assistant Chef – 2 years

This program provides hands-on training in cooking techniques, kitchen management, food safety, and menu planning. It prepares students for careers in the culinary industry, whether in restaurants, hotels, or catering businesses.

### Student Enrollment and Achievements

Currently, 56 students are enrolled in these programs, receiving quality education and practical training across a variety of sectors. These courses are designed to improve the employability and skill levels of students, making them job-ready in their respective fields.



## Placement and Career Development

### 1. Hotel Management Training

Through the hotel management training program, 9 youths have been successfully placed in reputable hospitality establishments such as Adayar Ananda Bhavan Hotel and Royal Hotel. These students have secured positions with good remuneration, which reflects the high standard of training they have received. This placement has opened avenues for further career advancement in the booming hospitality industry, helping students become part of the thriving tourism and hospitality sector.

### 2. Beautician Training

Additionally, **11 women** were trained in **Beautician Training**, which included a comprehensive curriculum covering hair care, skin care, makeup, and beauty treatments. As a result:

- **5 women secured jobs** at well-known beauty salons such as LOD Beauty Baler and Rubee Baler.
- The remaining **6 women have become self-employed** and are running their own beauty parlors, providing essential beauty services to local communities. This self-employment is not only helping these women earn a stable income but also empowering them to become independent entrepreneurs, contributing to their financial well-being and independence.

## Impact on Students and Community

The education and skill development programs offered by SJ Group of Institutions have had a significant impact on both the students and the broader community. The training programs have:

- **Enhanced Employability:** By providing students with market-relevant skills, these courses have made graduates more employable in industries such as healthcare, hospitality, fashion, and beauty.
- **Economic Empowerment:** Many of the women trained in the beautician program and other vocational courses have achieved financial independence through employment and entrepreneurship.
- **Local Employment:** Placement in reputable hotels and beauty parlors not only benefits the graduates but also contributes to the local economy by improving the standard of service in these industries.



# Goshala (Cow Care Center) – Coodu Trust

Coodu Trust established a Goshala (Cow Care Center) in Velliyani, Karur District, with the aim of promoting the welfare of stray cattle and providing a sustainable livelihood for local communities. This initiative is a testament to Coodu Trust's commitment to animal welfare, rural development, and promoting dairy farming.

## Current Operations and Cow Care

The **Goshala is home to 32 stray cows**, all of which are rescued from the streets and brought to the center for care and rehabilitation. These cows are provided with proper shelter, nutrition, and medical care to ensure their well-being. The center is equipped with facilities to cater to the daily needs of the cows, including feeding, health monitoring, and milking operations.

Key aspects of the Goshala include:

- **Animal Welfare:** The cows are regularly monitored by veterinary professionals, ensuring they receive the necessary medical treatment, vaccinations, and preventive care.
- **Feeding and Nutrition:** A balanced diet is provided to the cows, ensuring their health and productivity. This includes green fodder, silage, and other essential nutrients.
- **Shelter and Safety:** The cows are housed in clean, spacious enclosures, providing them with safety and comfort.

## Milk Production and Economic Impact

In addition to providing a safe haven for stray cows, the Goshala also generates milk production as a secondary benefit. On a daily basis, 400-450 liters of milk are collected from the cows. The milk is sold to a private company, creating a sustainable source of income for the Goshala and supporting its operational costs.

**Key benefits of the milk production:**

- **Economic Sustainability:** The sale of milk helps fund the upkeep of the Goshala, including feeding, medical care, and other operational expenses.
- **Income for the Community:** The project provides a steady source of income, which benefits local communities by creating jobs for farmhands, caretakers, and others involved in the operation of the Goshala.
- **Quality Milk:** The milk produced is of high quality, as the cows are well cared for, and the milk is sourced from healthy animals. This aligns with Coodu Trust's goal of promoting animal welfare and providing the community with a healthy product.

## Community Engagement and Impact

The Goshala has also had a positive impact on the surrounding community. By caring for stray cattle, the center contributes to reducing the number of animals wandering the streets, which can be a hazard to both animals and people. Additionally:

- **Employment Opportunities:** Local youth and women are employed in various roles at the Goshala, such as caretakers, milk collectors, and administrative staff.
- **Awareness and Education:** The Goshala serves as an educational resource, where people from the community, especially school children, can learn about the importance of animal welfare and sustainable farming practices.
- **Animal Welfare Advocacy:** The center promotes compassion for animals and encourages responsible pet and livestock care in the community.

## Long-Term Goals and Expansion

The Goshala aims to expand its operations in the future by:

- **Increasing the Number of Cows:** There are plans to rescue and rehabilitate more stray cows, creating a larger impact on animal welfare.
- **Enhancing Milk Processing:** In the future, the Goshala may consider processing the milk into dairy products such as butter, cheese, and yogurt, which can further increase revenue and create more opportunities for local businesses.
- **Training Programs:** The center intends to offer training programs on animal care, milking, and sustainable farming practices, helping local farmers and the community improve their livestock management skills.

## Conclusion

The Goshala at Velliyani, supported by Coodu Trust, has become a significant initiative for both animal welfare and community development. By providing shelter and care for stray cows, ensuring their well-being, and generating income through milk production, the Goshala supports both the animals and the local community. This initiative not only addresses the issue of stray cattle but also contributes to the economic and social upliftment of rural areas. Through continued care, expansion, and community involvement, the Goshala stands as a model for sustainable animal care and rural development.



# Ambulatory & Mortuary Services – Coodu Trust

Coodu Trust is dedicated to improving the accessibility and efficiency of emergency healthcare services in rural and underserved areas. As part of this mission, the Trust operates Ambulatory & Mortuary Services to provide timely medical assistance and ensure dignified handling of the deceased, particularly in emergencies where swift intervention is crucial.

## Ambulatory Services

The Ambulatory Services are designed to offer rapid transportation and medical care to individuals in need of emergency assistance. These services are essential in rural areas where access to healthcare facilities is limited, and time-sensitive medical interventions can save lives.

### Key Features of Ambulatory Services:

- **Emergency Medical Transportation:** The ambulatory vehicles are equipped with basic life-saving equipment, ensuring that patients receive initial care during transportation to hospitals or medical centers.
- **24/7 Availability:** The ambulatory service is operational around the clock, providing immediate assistance during emergencies, whether it's a medical, accident, or childbirth-related emergency.
- **Skilled Medical Staff:** Trained emergency medical technicians (EMTs) are available in the ambulatory units, providing basic first aid and stabilizing patients until they reach a healthcare facility.
- **Accessibility:** The ambulatory services are available to all community members, particularly those in remote areas, ensuring equitable access to emergency healthcare.

## Mortuary Services

Coodu Trust also provides Mortuary Services, catering to the dignified handling of deceased individuals. In rural areas, families often face challenges in dealing with death, particularly with transportation and preparation of the body. Coodu Trust ensures that the deceased are treated with respect, and the necessary arrangements are made for their transportation to the mortuary or for burial.

### Key Features of Mortuary Services:

- **Dignified Handling of Deceased:** The mortuary services ensure that the deceased are treated with the utmost respect and dignity. This includes transportation and preparation of the body for either burial or cremation.
- **Transportation for Burial or Cremation:** The Trust offers transportation services for families who need to transport the deceased from their homes to the cremation or burial grounds.
- **Support to Families:** Coodu Trust provides emotional and logistical support to grieving families, helping them navigate the process during difficult times.
- **Affordable Services:** These services are offered at affordable rates, ensuring that families from all socio-economic backgrounds have access to essential services.

## Impact of the Services

In the past year, **282 individuals** have benefited from **Coodu Trust's Ambulatory and Mortuary Services**. This includes patients who received timely medical transport and care in emergencies, as well as families who were assisted in handling the deceased with dignity and respect.

- **Life-Saving Assistance:** The ambulatory services have played a critical role in saving lives by providing timely transportation and basic medical interventions during emergencies.
- **Support for Rural Families:** The mortuary services have helped families during emotionally and financially challenging times by providing logistical support and ensuring that the deceased are treated with dignity.

## Future Plans and Improvements

Coodu Trust aims to further enhance its Ambulatory & Mortuary Services with the following goals:

- **Upgrading Ambulance Equipment:** Enhancing the ambulances with advanced medical equipment, such as cardiac monitors and oxygen supply systems, to provide better care during transportation.
- **Expanding Outreach:** Increasing the number of ambulatory vehicles to cover a broader geographic area, ensuring that emergency services are accessible to more remote locations.
- **Collaboration with Local Healthcare Providers:** Strengthening partnerships with local hospitals and healthcare providers to ensure seamless and faster access to emergency medical services and post-mortem care.
- **Training Community Health Workers:** Providing training to local health workers and community volunteers in first aid and emergency response to assist in times of need.

## Conclusion

Coodu Trust's **Ambulatory & Mortuary Services** play a crucial role in providing emergency medical assistance and ensuring dignified treatment of the deceased in rural and underserved communities. Through these services, the Trust continues to save lives and provide essential support to families, making a significant impact on the health and well-being of the community. With ongoing efforts to improve and expand these services, Coodu Trust aims to further enhance its outreach and the quality of care provided to those in need.



# Short Stay Home and Old Age Home – Coodu Trust

Coodu Trust runs a Short Stay Home and Old Age Home in Dindigul to provide a safe, supportive, and nurturing environment for vulnerable populations, including the elderly, homeless individuals, and those in need of temporary shelter. This initiative is particularly important in rural areas where there are limited resources for the elderly and homeless.

## Short Stay Home

The Short Stay Home is designed for individuals who are in need of temporary shelter due to various circumstances, such as family issues, economic hardship, or homelessness. The aim is to provide a safe space for people to stay while they regain stability and work towards reintegration into society.

### Key Features of the Short Stay Home:

- **Temporary Shelter:** The Short Stay Home offers temporary accommodation for people who find themselves in vulnerable situations, including the homeless and those who have faced social or family crises.
- **Counseling and Support:** Residents receive emotional support and counseling to help them cope with their personal challenges, whether related to trauma, mental health, or family issues.
- **Basic Amenities:** The home provides access to basic needs such as food, clean water, hygiene facilities, and a secure environment.
- **Rehabilitation and Reintegration:** The Trust works closely with the residents to help them transition back into society by providing necessary resources, support, and guidance for securing employment or reconnecting with family and loved ones.
- **Vocational Training:** Some residents receive skill development training to enhance their employability and build self-sufficiency.

## Old Age Home

The Old Age Home is dedicated to providing a secure, comfortable, and caring environment for elderly individuals who have been abandoned, neglected, or who have no family support. This initiative ensures that elderly residents are not left without care in their later years.

### Key Features of the Old Age Home:

- **Safe and Compassionate Care:** The home provides elderly individuals with a safe environment where they receive the necessary medical care, support, and attention they need during their aging years.
- **Health and Medical Assistance:** Regular health check-ups and medical assistance are provided to the elderly residents. The Trust ensures that any medical needs are addressed promptly, including access to doctors and medications.
- **Social and Emotional Support:** Residents are given opportunities to engage in social activities, fostering a sense of community and reducing feelings of loneliness or isolation. Counseling is also available to address emotional or psychological concerns.

- **Nutritional Support:** Proper meals, with a focus on nutritional needs, are provided to the elderly residents to ensure their physical well-being.
- **Respect and Dignity:** Every effort is made to treat the elderly residents with respect and dignity, providing them with a homely atmosphere and the opportunity to live their later years with comfort and peace.

### Impact of the Program

- **210 Persons Benefited from Short Stay Home:** Individuals who were homeless or in crisis situations have found temporary shelter and support through the Short Stay Home. These individuals are provided not just with physical shelter but also with counseling, skills training, and resources to reintegrate into society.
- **69 Elders Benefited from the Old Age Home:** The elderly residents receive consistent care, support, and companionship. This initiative ensures that they do not face the challenges of aging alone and without proper care. Many of the elders have benefited from the dignity and security provided by the Old Age Home.

### Services Provided

- **Counseling and Emotional Support:** Both the Short Stay Home and Old Age Home offer counseling services to residents to help them deal with their personal challenges, including trauma, family issues, and emotional distress. Professional counselors work with individuals to guide them towards healing and stability.
- **Food and Nutrition:** Regular, nutritious meals are provided to ensure the physical health of residents, especially important for the elderly, who often have specific dietary needs. The food is prepared with care, focusing on balanced nutrition for overall well-being.
- **Health Care:** Both homes ensure regular health check-ups, medical assistance when necessary, and help with managing chronic conditions. Partnerships with local healthcare providers help ensure that the residents receive adequate medical attention.

### Future Plans and Enhancements

Coodu Trust aims to expand and enhance the services provided through the Short Stay Home and Old Age Home with the following goals:

- **Increase Capacity:** To accommodate more individuals in need, especially as demand for temporary shelter and elderly care rises. This includes enhancing infrastructure and facilities.
- **Partnerships with Healthcare Providers:** To provide more specialized medical care for the elderly and those with special needs, Coodu Trust plans to collaborate more closely with local health centers and hospitals.
- **Skill Development Programs:** For the residents of the Short Stay Home, offering vocational training to help them gain independence and reintegrate into society.
- **Community Engagement:** Developing community outreach programs to raise awareness about the importance of elder care and homelessness prevention, helping to reduce stigma and build stronger community support.

### Conclusion

Coodu Trust's Short Stay Home and Old Age Home offer vital support to some of society's most vulnerable members. By providing shelter, emotional support, health care, and vocational training, Coodu Trust ensures that individuals in need are given a chance for a better quality of life, dignity, and the opportunity to rebuild. With continued focus on enhancing services, Coodu Trust hopes to expand its impact, reaching more people in need of care, support, and a safe haven

# Environment Awareness Programme – Coodu Trust

Coodu Trust's Environment Awareness Programme is dedicated to fostering environmental consciousness and action within the local communities, particularly among the younger generation. Through a series of tree plantation and awareness programs, the Trust aims to instill a sense of environmental responsibility in school children, encouraging them to actively contribute to the conservation of their surroundings.

## Program Objectives

The primary objective of the Environment Awareness Programme is to engage students in environmental sustainability practices, such as tree planting and the promotion of green spaces, while also educating them about the importance of environmental conservation. By involving students at an early age, the program aims to create a lasting impact on their attitudes toward nature and instill a sense of ownership over their local environment.

## Key Activities and Execution

### 1. Awareness Campaign at School Level

- **Location:** The program was conducted in the Kadavur Block, particularly at Tharagampatti, targeting local schools.
- **Participants:** A total of 400 students actively participated in the environmental awareness activities.
- **Awareness Sessions:** The program kicked off with interactive sessions to educate students about the importance of tree plantation, climate change, biodiversity, and sustainable environmental practices. Resource persons, including environmental experts, conducted engaging talks and presentations to provide insights into how individual actions can have a positive impact on the environment.
- **Themes Covered:** Key themes included the role of trees in reducing carbon footprints, combating soil erosion, enhancing biodiversity, and improving air and water quality. The students were also educated about the broader impacts of deforestation and environmental degradation on local and global scales.

### 2. Tree Plantation Activities

- **Planting Locations:** On the same day as the awareness sessions, tree plantation activities were carried out at roadside areas and wasteland areas in and around the school premises. This included planting trees in open spaces to promote green cover and prevent land degradation.
- **Sapling Distribution:** In addition to the plantation activities, students were given saplings to plant at their homes, encouraging them to take personal responsibility for nurturing the environment. These saplings were selected for their ability to thrive in the local climate and provide long-term environmental benefits.
- **Types of Trees Planted:** The types of trees planted included a mix of native species, which are well-suited to the local environment, and fast-growing species, that provide quick environmental benefits, such as shade, erosion control, and improved air quality.

### 3. Hands-on Learning and Community Engagement

- Students were actively involved in the process of planting trees, which not only provided them with a sense of accomplishment but also allowed them to learn practical skills in gardening and environmental stewardship.
- The program encouraged community involvement, as families of the students were encouraged to participate in planting and maintaining trees in their local areas. This extended the impact of the program beyond the school grounds and into the local community.

## Impact and Outcomes

### 1. Increased Awareness

- The program successfully raised awareness among students and the local community about the importance of tree plantation and environmental conservation.
- By engaging 400 students, the program spread environmental knowledge to their families and communities, ensuring that the message reached a broader audience.

### 2. Active Participation in Environmental Conservation

- The tree plantation activities directly contributed to enhancing the local green cover, as trees planted on roadsides and in wasteland areas began to provide ecological benefits.
- The saplings given to students for planting at home contributed to private green spaces, encouraging the community to continue environmental stewardship long after the program concluded.

### 3. Long-Term Benefits

- The planted trees, once matured, will help in carbon sequestration, improve soil fertility, reduce urban heat islands, and contribute to biodiversity by providing habitats for local fauna.
- Students, who now have a deeper understanding of environmental issues, are more likely to engage in sustainable practices in the future, multiplying the program's long-term impact.

## Conclusion

The Environment Awareness Programme by Coodu Trust has been a significant step towards educating and empowering the younger generation to take responsibility for their environment. By integrating education, hands-on activities, and community involvement, this program has created a ripple effect that will continue to benefit the local environment for years to come. The tree plantation initiatives, combined with educational efforts, have not only helped in greening the area but also instilled an enduring sense of environmental stewardship in the students and their communities.



# Yoga Camp Programme – Coodu Trust

Coodu Trust organized a Yoga Camp in Dindigul in December 2023 to promote physical and mental well-being among the local community. The seven-day camp was designed to introduce participants to the benefits of yoga, focusing on its simplicity, accessibility, and holistic health advantages. The initiative aimed to foster a culture of wellness and self-care, offering participants tools to improve their overall health and manage stress.

## Program Overview

The Yoga Camp was held over seven days in December 2023, where participants were guided through various yoga practices, including asanas (postures), pranayama (breathing exercises), and relaxation techniques. These sessions were tailored to individuals of all fitness levels, from beginners to those with some experience in yoga.

## Objectives of the Yoga Camp

- **Promote Physical Health:** Teach participants simple yet effective yoga exercises that can improve flexibility, strength, and overall physical health.
- **Mental Wellness:** Encourage practices like pranayama and meditation to promote mental clarity, reduce stress, and enhance emotional well-being.
- **Encourage Healthy Living:** Provide tools for participants to incorporate yoga into their daily routines, promoting long-term health and wellness.
- **Community Engagement:** Create a space for community members to connect and engage in a collective wellness experience

## Key Activities and Execution

### 1. Yoga Sessions

- **Daily Classes:** The yoga camp featured daily sessions covering a range of yoga postures, breathing exercises, and relaxation techniques. Each session was structured to gradually increase in complexity, allowing participants to learn at their own pace.
- **Focus on Simplicity:** The exercises were designed to be simple and accessible, ensuring that even those with no prior experience could participate and benefit from the camp.
- **Asanas (Postures):** The participants were taught basic asanas such as Tadasana (Mountain Pose), Bhujangasana (Cobra Pose), Vrikshasana (Tree Pose), and Trikonasana (Triangle Pose), which are known for their benefits in improving flexibility, balance, and strength.
- **Pranayama (Breathing Techniques):** The camp also introduced participants to various breathing exercises such as Anulom Vilom and Kapalbhathi, which help in improving lung capacity, reducing stress, and promoting a sense of calmness.
- **Meditation and Relaxation:** In addition to physical exercises, participants practiced guided meditation and relaxation techniques at the end of each session to enhance mental clarity and emotional well-being.

## 2. Community Involvement

- **Diverse Participation:** The camp saw the participation of 201 members from various age groups, backgrounds, and fitness levels. This diversity helped foster a sense of community and shared wellness goals.
- **Supportive Environment:** The participants were encouraged to support one another throughout the camp, creating a positive and inclusive atmosphere where everyone felt motivated to engage fully in the practice.

## Impact and Outcomes

### 1. Physical Health Improvements

- Participants reported feeling more energized, with increased flexibility, strength, and balance.
- Regular practice of the yoga postures helped alleviate common physical ailments such as back pain, neck stiffness, and joint discomfort, providing long-term relief for many participants.

### 2. Mental Wellness and Stress Relief

- Many participants noted improvements in mental clarity, reduced stress levels, and a greater sense of calm and inner peace as a result of the pranayama and meditation techniques.
- The camp offered tools to help individuals cope with anxiety and depression, providing a holistic approach to mental health.

### 3. Increased Awareness of Yoga and Wellness

- The camp helped participants develop an appreciation for the long-term benefits of yoga, with many expressing an interest in continuing their practice after the camp ended.
- Participants gained valuable knowledge about how to incorporate simple yoga exercises and breathing techniques into their daily routines, fostering a culture of self-care and healthy living.

### 4. Strengthening Community Bonds

- The camp provided a platform for community members to come together in a shared wellness experience, strengthening social ties and promoting collective well-being.
- By engaging with one another, participants were able to form lasting connections and support each other in maintaining their wellness practices beyond the camp.

## Future Plans

Coodu Trust plans to continue offering yoga camps and expand its wellness programs to reach more people in the region, with the following goals:

- **More Regular Yoga Camps:** Organize additional yoga camps throughout the year to accommodate people with different schedules and levels of experience.
- **Expansion to Other Areas:** Extend yoga programs to other blocks and communities, especially those with limited access to wellness resources.
- **Yoga for Specific Health Issues:** Introduce specialized yoga programs targeting specific health issues such as chronic pain, mental health, and postnatal recovery.

## Conclusion

The Yoga Camp Programme by Coodu Trust in **December 2023** successfully introduced **201 participants** to the transformative power of yoga, enhancing their physical and mental health. Through expert-led sessions and a supportive community environment, the program fostered an understanding of yoga as a holistic tool for wellness. The camp's impact has inspired participants to continue their journey toward better health, and it has laid the foundation for future initiatives that will continue to promote the benefits of yoga and well-being in the community.

COODU TRUST, H-83, R.M. COLONY, DINDIGUL - 624 001.

PAN : AAATC5133E / Exemption Ward Madurai  
STATUS : PUBLIC CHARITABLE TRUST  
DOF : 20-06-2000

PREVIOUS YEAR : 2023-2024  
ASSESSMENT YEAR : 2024-2025

STATEMENT OF TOTAL INCOME

1. INCOME FROM OTHER SOURCES:	Rs.	Rs.
Capital Receipts towards Specified Purposes		-
Voluntary Contributions received		
Revenue Receipts		
Government Grant Received for Programs	12,06,66,705	
Goshala (Cow care centre) - Donation	2,32,500	
Donation Received	21,90,280	12,30,89,485
Income excluding Voluntary contribution		
Fees Received - SJ Cattering College	8,06,706	
Interest on Bank account	2,77,184	10,83,890
		12,41,73,375
Agriculture Income from Crops - Net	6,70,535	
Agriculture Income - Dairy	7,30,265	
Agriculture Income - Gottery	7,04,890	-
LESS: Capital Receipts set apart for Specified Purposes		
		12,41,73,375
LESS: Amount set apart for future ( within 15% )		-
		12,41,73,375
LESS: Amount spent for Charitable purposes during 2022-2023		
towards revenue items		13,32,47,398
towards Capital items		-
Surplus		(90,74,023)
Income accumulated as under section 11(2) in earlier years		
		90,74,023
TDS		21,93,100
Tax Refund		21,93,100

PLACE : RAJAPALAYAM  
DATE : 06-10-2024



*[Signature]*

MANAGING TRUSTEE



for R SURESHKUMAR & CO.  
CHARTERED ACCOUNTANTS

*[Signature]*

[R. SURESHKUMAR]  
PARTNER. M.NO.201041  
UDIN : 24201041BKBJOP6885

COODU TRUST, H-83, R.M. COLONY, DINDIGUL - 624 001.  
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2024

EXPENDITURE	AMOUNT	INCOME	AMOUNT
	Rs.		Rs.
To Program Expenses	13,02,27,653	By Government Grant and CSR Received for Programs	13,11,87,130
SJ Catering College Expenses	11,81,221	" Agriculture Income from Crops - Net	6,70,535
Admin Office Expenses	1,44,000	" Agriculture Income - Dairy	7,30,265
ESIC & PF - Staff	2,84,880	" Agriculture Income - Gottery	7,04,890
Postage Expenses	11,095	" Goshala (Cow care centre) - Donation	2,32,500
Printing & Stationery	16,649	" Interest on Bank A/c	2,77,184
Travelling Expenses	31,881	" Donation Received	21,90,280
Bank Charges & Commission	1,17,721	" Fees Received - SJ Cattering College	8,06,706
Journal & Periodicals	10,385	" TNPL Receipt ( Tender refund amount)	52,500
Admin Office rent	1,17,000	" Damro Furnitures P Ltd Receipt	2,00,000
Electricity Expenses	1,99,447		
Professional Fee	2,32,000		
Tender Application Fee	20,000		
Net Charges	11,600		
Mobile Phone	17,650		
Ineligible ITC	1,65,855		
GST Penalty and Interest	1,080		
BG Commission Charges	1,89,650		
Insurance	2,15,363		
Miscellaneous Expenses	52,269		
Excess of Income over Expenditure	38,04,592		
<b>TOTAL</b>	<b>13,70,51,990</b>	<b>TOTAL</b>	<b>13,70,51,990</b>

VIDE OUR ANNEXED REPORT ON EVEN DATE

for R SURESHKUMAR & CO.  
CHARTERED ACCOUNTANTS

PLACE : RAJAPALAYAM  
DATE : 06-10-2024



*[Signature]*  
MANAGING TRUSTEE



*[Signature]*  
[R SURESHKUMAR]  
PARTNER. M.NO.201041  
UDIN : 24201041BKBJOP6885

COODU TRUST, H-83, R.M. COLONY, DINDIGUL - 624 001.  
BALANCE SHEET AS ON 31.03.2024

LIABILITIES	AMOUNT	ASSETS	AMOUNT
	Rs.		Rs.
		<b>FIXED ASSETS:</b>	
		Lands	2,68,135
		Building	12,50,000
		Agriculture Lands	11,62,295
		Electrical Fittings	2,150
		Computer and Accessories	2,00,132
		Furniture and Fittings	53,625
		Audio Visual Equipment	10,000
		Inverter and Battery	12,500
		Water Purifiers	15,000
		Xerox Machine	50,000
		TVS 50 XL Super	82,450
		Typewriter Machine	11,795
		Vehicle - Milk Van	8,70,902
		<b>CURRENT ASSETS:</b>	
		Tax Deducted at Source	31,08,266
		Interest Accrued	41,994
		Fixed Deposit with Bank	49,16,660
		Rent Advance	4,20,000
		Tender Advance	14,46,380
		SWM - DGL Coporation	1,05,20,425
		Cash in Hand	10,756
		Bank Accounts	27,93,918
<b>TOTAL</b>	<b>2,72,47,383</b>	<b>TOTAL</b>	<b>2,72,47,383</b>

VIDE OUR ANNEXED REPORT ON EVEN DATE

for R SURESHKUMAR & CO.  
CHARTERED ACCOUNTANTS

PLACE : RAJAPALAYAM  
DATE : 06-10-2024



*[Signature]*  
MANAGING TRUSTEE



*[Signature]*  
[R SURESHKUMAR]  
PARTNER. M.NO.201041  
UDIN : 24201041BKBJOP6885



# **COODU TRUST**

74, 2nd Floor, Thadicombu Road,  
Dindigul - 624 001.

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